



Wilton Rotary Drummer

Wilton, Connecticut

www.wiltonrotaryclub.org



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Editor: **Stephanie R. Barksdale (for Kathy Leeds)**

ATTENDANCE: 21 of 50 (42%)

Guests/Visiting Rotarians

Ken Campbell, New Canaan Rotary member.

Announcements

1. President Frank reminded everybody the next Board meeting is Wednesday, January 17th however they will be on the third Thursday in the future.
2. Mark Koler announced that 2 students have been nominated for RYLA including Virginia Glass (daughter of our very own Bill Glass); the conference will be the first weekend of February. The 4-way speech contest is this weekend.
3. Bill Meehan said the plaque is in for the Steve O'Sullivan memorial post office bench, if the weather holds, the bench will be installed next week.
4. The Dictionary project proved very successful and thank you notes have been coming in from the 3rd graders. A picture of one of the 3rd grade classes was published in the Bulletin.
5. Bill Meehan will be attending Pre-Pets on the 20th – can't back out now Bill!
6. The Senior Fire Protection Program is be wrapping up - if you have not done your installations or have left over equipment, please call Patrick Russo.
7. The Board will be discussing a handicap ramp that needs to be built at a house in Wilton for a senior family. The husband is in a wheelchair and the wife has to carry him from one wheelchair to another to get him out of the house. Apparently, however, the town requires the group to have workers comp but it may be possible to work around this requirement.

Fun & Fines

There were lots of dollars for the upcoming playoffs – more Eagles than anything else; and lots of dollars for the dictionary project which proved very successful.

Program

President Frank introduced Marty Hauhuth from Positive Directions which is an organization that provides counseling for addictions including alcohol, drugs and gambling, among others. Positive Directions serves Westport, Wilton, Norwalk and Weston. Unfortunately, Connecticut has some of the highest rates of underage drinking and drinking in general in the country – especially in the higher affluent suburban communities. The average first use of alcohol in kids in Connecticut is age 11. Positive Directions also provides outpatient counseling for anxiety, depression, and family issues. They offer a free telephone advisory service for anybody with questions and concerns. If you are interested, moderate drinking for women is defined as 1 drink per day (5 oz of wine, 1 shot of hard liquor or 12 oz of beer), for men it is 2 drinks per day. A simple test of alcoholism is the WART test – With Alcohol Repeated Trouble (in other words, always fighting, several DUI's, lost jobs, etc.). If you are interested in more info on Positive Directions you can call them at 203-227-7644 or check out www.positivedirections.org.

See you next Friday at the SilvermineStephanie