



Wilton Rotary Drummer
Wilton, Connecticut USA District 7980
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Our 31st Year of Service!

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Reportedly, during the Dog days of summer the "Sea boiled, the Wine turned sour, Dogs grew mad, and all other creatures became languid; causing to man, among other diseases, burning fevers, hysterics, and phrensies."¹ But on this Dog day in Wilton, President Paul, 17 Rotarians and guest Elizabeth Cox (with a cameo appearance by John Hendrickson) gathered at Marly's to eat, drink, be merry and be engaged by the presentation of psychotherapist Dr. Dee Unterbach.

Announcements:

- September 20 - Carnival kicks off in Wilton – Pat promises the cuisine at this year's Carnival will reach new heights but he is still working on securing Tony's agreement to substitute the Avalanche's current soundtrack with Montovani's Greatest Hits.
- While certainly a hurricane couldn't happen here, Pat reported that the Town seeks volunteers to staff Wilton's storm shelter should the need arise. Contact Pat for more info.
- September 7 – Rotary Zone 7 will meet over dinner in Cromwell. President Paul seeks club members interested in attending.
- On the evening of August 5 – President Paul will **not** be occupying a bar stool at Marly's but there was some discussion as to whether Paul will leave an open tab available for those members who choose to attend notwithstanding his absence.

Program: Dr. Dee Unterbach, C.I.S.W.

Dr. Dee Unterbach, is a practicing psychotherapist with offices in Wilton. Much of Dr. Unterbach's practice is with adults and older people and dealing with the challenges of aging. Looking around the audience, Dr. Dee noted that we appeared to be members of the sandwich generation. Personally, I have long enjoyed a sandwich for my mid day meal. But I was unaware that my generation has now been defined by its fondness for peanut butter and jelly between a couple of slabs of rye. Dr. Dee went on to discuss social issues related to aging including discrimination (ageism), the phases of aging (young-old, middle-old, old-old and "I can't believe you're still here" old) and coping with the care burdens that arise as a loved-ones age. Dr. Dee seemed to have good practical advice to offer to those in need.

NEXT MEETING: Friday, August 10, 2013 – Marly's – Judge Marylouise Schofield

1. Brady, J: "Clavis Calendaria", vol. II, page 89. Nichols, Son, and Bentley, 1815.