



Wilton Rotary Drummer
Wilton, Connecticut USA District 7980
www.wiltonrotaryclub.org

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Editor: Bill Glass

Nine Rotarians and three guests met in the cool, quiet and comfortable Rolling Hills CC boardroom on this first Friday in August, with Past President Carol Johnson presiding.

Guests/Visitors:

Susan and Eric Glass; Dan Southern, MD (our speaker - see below).

Announcements:

1. **Yankees – Red Sox is in full swing!** The Bronx Bombers and the BoSox tangle again this weekend with AL East Division supremacy on the line. You know where I'm coming from on this!
2. **Board Meeting:** Next one Thursday, 16 August, in the Fairfield County Bank boardroom. All are welcome to attend.
3. **Upcoming Fundraisers:**
 - a. **Trackside:** Sunday, 12 August, 11 AM to 6 PM, at Allen's Meadows is the Wilton Food Truck Festival! Enjoy delicious food from 20 different food trucks, craft beers, live music, kids' fun park (including water slide), and an arts & crafts sale! Proceeds support the Trackage Teen Center. Admission is \$10/car.
 - b. **Rotary:** Thursday, 23 August, at Wayback Burgers, Town Line Center in Norwalk. Buy a burger for lunch or dinner and support the club!
 - c. **Carnival:** 14-16 September. Patrick made posters available. Help needed in selling/renewing sponsorships. Two food trucks booked. He also mentioned that the Miller-Driscoll PTA has moved their carnival to October – about 3 weeks after ours. Hopefully no major impact on us.
4. **News from RI:** In the calm blue waters of Lamon Bay lies a source of pride for local fishermen and a submerged salute to Rotary: an artificial reef in the shape of a Rotary wheel. The wheel has helped restore the local fishing industry, which was devastated by large-scale commercial fishing vessels that used dynamite, cyanide, and fine mesh nets from the late 1990s through the early 2000s. In 2005, the fishermen turned to the Rotary Club of Atimonan, Quezon Province, Philippines, for help. They decided to build an artificial reef. The club partnered with the Rotary Club of Madera, California, USA, on a Rotary Foundation grant to help fund the project, which would cost more than \$1 million. See the incredible photo at <https://www.rotary.org/en/giant-rotary-wheel-haven-fish-philippines>

Today's Program:

Dan Southern, MD, is a specialist in Regenerative Orthopedic Medicine – the use of interventional orthopedics and alternative medicine techniques to treat neck, back, and joint pain and injuries. A resident of Wilton, he is with OrthoConnecticut, PC, with offices in Ridgefield and Danbury, and is affiliated with Danbury Hospital. Dan is board certified in Physical Medicine and Rehabilitation (Physiatry) with additional board certifications in Pain Medicine and Sports Medicine. He is also Pam Brown's brother-in-law! Dan spoke about a relatively new procedure he conducts in which orthopedic injuries are treated with a patient's own stem cells, known as Orthobiologics. This technique is an alternative to traditional orthopedic surgery. For more information, visit <https://myorthoct.com/daniel-southern-m-d>

NEXT MEETING – Friday, 10 August, 1215, at Rolling Hills CC