



Wilton Rotary Drummer

Wilton, Connecticut USA District 7980

www.wiltonrotaryclub.org

August 31, 2012

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Editor: Frank Spencer

Karen Strickland presided over the weekly lunch meeting at Marly's Restaurant with 16 Rotarians and guest speaker Mary Ann Genuario in attendance.

Guests/Visitors

No other guests or visitors today

Announcements/Upcoming Events:

1. All members are urged to sign up to work at the Annual Rotary Carnival being held September 14-16. Pat Russo has signed up five food vendors (each vendor pays Wilton Rotary \$ 250.) See Pat for carnival posters.
2. Carol Johnson has rotary shirts (\$25.) and hats (\$15.) for sale. Note to new members: every member is supposed to wear a rotary shirt or hat when working at rotary events.
3. New Canaan Rotary Club is holding a lobsterfest Sept. 21 and 22. Please contact Bud Boucher regarding details and participating together with the American Legion.
4. There is a fundraiser to help Wilton Police Officer Frank Razaia and his fight with Lymphoma being held September 13, 2012 at Ponus Yacht Club in Stamford. Ticket (\$30.) includes buffet dinner and draft beer. Please contact Chris Isidro at 203.216.8371 or 203.834.6254 Christopher.isidro@wiltonct.org for details.
5. Club Assembly scheduled for Friday, September 7th.
6. New Member Orientation Friday, September 7th.

Today's Program:

Mary Ann Genuario, Health & Fitness Director at the Wilton Family Y, spoke to us about the Wilton Family Y's new focus on "Wellness" versus "Fitness" and how this benefits Y



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members. The Y is a place for "health seekers". This incorporates both a healthy living lifestyle and a sense of social responsibility.

There is an emphasis on reducing childhood obesity, preventing diabetes, supporting cancer survivors and people with chronic diseases, as well as facilitating social interactions and relationships. Mary Ann can be reached at 203.762.8384 x282 or magenuario@wiltonymca.org.

Next Meeting:

Club Assembly and New Member Orientation Friday 9/7/12 noon @ Marly's

See you Friday at Marly's